

Lloydminster Interval Home Society



Winter 2018 Newsletter

In this issue:

- Message From Our CEO - 1
- Family Violence Prevention Month -2
- The Lloydminster Community Youth Centre - 3
- Supporting the Next Steps - 3
- More than a Thrift Store.. - 4
- Your Donations Matter - 5 & 6



MESSAGE from our CEO

Christmas is a perfect time to reflect on our blessings, big and small, and on how we can support others who are less fortunate. It is for this reason we see so much generosity toward the women, children, youth and families we support throughout the year. Through this generosity we can help families experiencing trauma and stress receive the gifts of Christmas and spread joy to those who need it most. Thank you to our generous supporters who give their time, talents, treasures and trust, year after year to support what we do in our community. Without you, we would not be able to provide needed refuge for people seeking safety, support and knowledge to enhance their lives. Without you, we would not be available to help our community.

As we begin to celebrate the season and prepare to close another year here at LIHS, I want to thank our amazingly dedicated team of Board of Directors, staff and volunteers for your steadfast dedication to supporting vulnerable individuals impacted by violence and homelessness. Without you, women would not have safety and options, children would not receive safety and child-centred support, youth would not have a safe place to belong, and our community would not have the resources it needs for all individuals to be safe from violence and homelessness and build safe and healthy lives of well-being for themselves.

Thank you to all, Merry Christmas!

Angela Rooks-Trotzok



Family Violence Prevention Month



Throughout the month of November we continued with our Red Silhouette Campaign. The silent witnesses of domestic violence, with each silhouette sharing a story of how domestic violence has impacted this figure.

The 10 Silhouettes were at numerous locations throughout the city, including the RCMP station, the Servus Sports Centre, City Hall, For the Interval Store, and more! Special thanks to the City of Lloydminster Employees for transporting the silhouettes each week!

Thank you also to everyone who has signed the travelling silhouettes while they were out with our Public Education Facilitator, Leslie.



#YouthLeadChangeYLL

Youth participated in the #YouthLeadChangeYLL event! With a guest appearance of Mayor Gerald Aalbers attending.

New this year we have embraced the **Leading Change Lloydminster** initiative and decided to host 3 events, the first was our first ever **Breakfast with the Guys**, next was a youth conversation #YouthLeadChangeYLL event and finally a **Community Conversation Café**, offering opportunity to have community members share their voice and learn how they can support the solutions to ending violence.



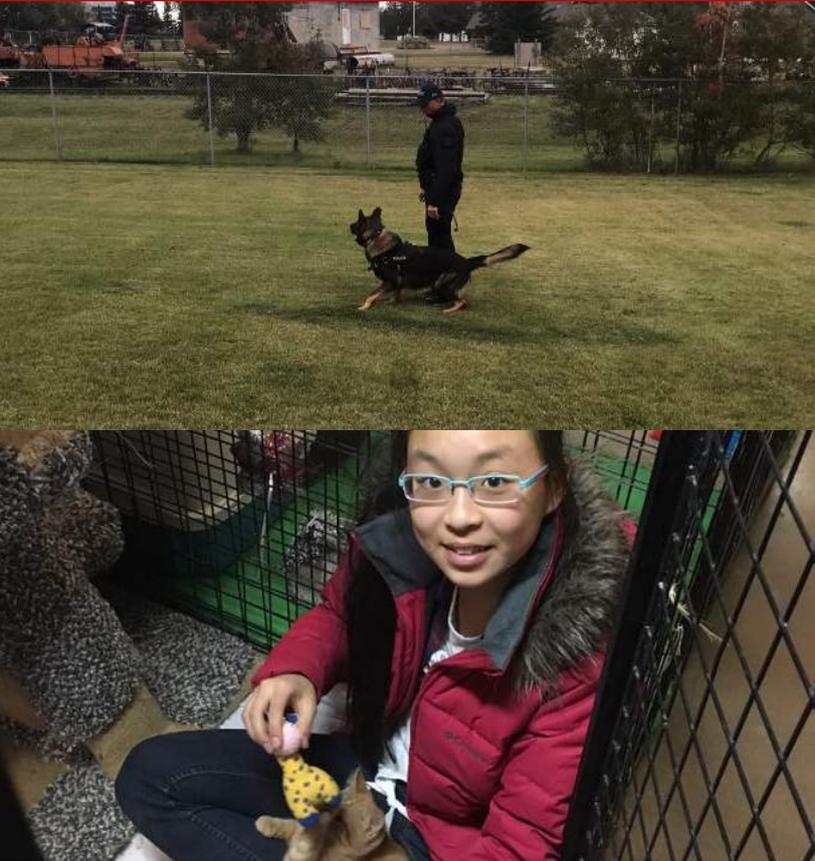
The feedback from our Breakfast With The Guys has been very gratifying.

One participant shared:

“As I am sure with most of us, I didn’t really know what to expect, guys aren’t always the most “sharing” group you can get together. What I found was exactly the opposite. How willing so many were to openly share thoughts and feelings.”

Thank you to everyone who has shown support in Leading Change Lloydminster and willing to support how to make a positive change regarding Family Violence in our community and area, it truly takes all of us!

The Lloydminster Community Youth Centre



Youth have many opportunities to learn, grow and engage with the community!

- Monthly visits to the SPCA
- Free Dance Classes with Sarah Makin from Fame Dance Studios
- Senior Connections Game Night
- Field Trips
- Gym nights
- Fun activities
- A demonstration by RCMP Constable Joe Plant and his canine partner
- Every night the youth can do something new!

LCYC is open Wednesday thru Saturday evenings for youth ages 12-18

Family Violence Outreach Program - Supporting the next steps

Our Second Stage Outreach program has seen much growth and success. When families move out of Second Stage having the opportunity to stay connected to their familiar Outreach Worker has been invaluable. We are able to offer continued support with integrating into the community and help to empower them during their transition to independence. The positive feedback from clients has been tremendous with one client stating, "I wasn't sure if I was strong enough to do this on my own but with the help of my Outreach Worker I know I can do it. I know that I'm not alone and have someone to call if I'm having a hard time or feel like giving up."

Our Family Violence Outreach Services provides one on one support for women in our community impacted by family violence. For more information call our 24 hour support line, you don't need a referral for this service.



Let's Stay Connected!

Find us on 

Lloydminster Interval Home Society
Lloydminster Community Youth Centre
'For The Interval' Store

 Box 1523 Lloydminster SK S9V 1K5

 Admin: 780-808-5282

 www.intervalhome.org

 admin@lloydintervalhome.com

 Support & Crisis 24 hours 780-875-0966

Your Community Donation Depot



SUPPORTING THOSE IN NEED EVERYDAY

Adapting to the needs of those we support

'For the Interval' Store continues to adapt to the needs of our customers, clients, donors and the community at large. We are grateful to our volunteers who are so very dedicated to the store and our overall purpose. We continue to meet the needs of clients and community members who need a hand up with household items, clothing, winter gear and so much more. We have recently increased our furniture area to be able to better show the larger items we can sell and give away which has been a great change!

'For the Interval' Store helps to raise funds for the Lloydminster Interval Home Society's programs such as Transitional Housing, Community Outreach and the Lloydminster Community Youth Centre.

Bag days every Tuesday, where you can fill a whole bag for 10.00 of clothing items, continues to be a popular day as well as our weekly Thrifty Thursdays where we have a promo item each week! Follow 'For the Interval' Store on Facebook, we love to provide lots of updates there!

Shop:

Mon to Sat 10am - 5pm

Open until 6pm on Thursdays!

Donate:

Donations Accepted

7 days/week 8am-6pm

Volunteer:

Call 780-872-5005

For more info!

Your Donations at work!!! In 2018 we provided for FREE:

2117 complete outfits 68 New Beginning Start Up Kits 241 Clothing vouchers

'For the Interval' Store 780-808-8485

**All Donations benefit The Lloydminster Interval Home and
The Lloydminster Community Youth Centre**

**Dreaming Out Loud
Children's Gala
May 11, 2019**

For more info:
www.intervalhome.org

Early Bird Ticket Sale Feb 2, 2019
@ Lloyd Exhibition 9am -noon



Your Donations Matter

Your Gifts Put Smiles On Faces Like Hers!

Your generosity of giving to the Lloydminster Interval Home makes Christmas possible for families here at home. In 2017 140 families received presents through our organization and many shared how this will be all that they will receive.

To a mom who has very little as she has had to start over this year, gifts are an extra that simply are impossible for her to manage. The Lloydminster Interval Home reaches out to those we support during the year to make sure they have gifts to give. We believe everyone deserves a happy holiday.

Thanks to your donations of toys, games, slippers, housecoats, and more, we are able to help them out. Thank you for thinking of the Lloydminster Interval Home during the holiday season. Your gifts bring so many wonderful smiles.



"These gifts will be the only ones we receive this year. Thank-you for saving Christmas for my children, and it is so nice to have something for me too."

-A mom we helped in 2017

The POWER of ONE HOUR...

Meet Brynn, she is 11, and wanted to use her Genius Hour at school each week to "Make a Difference". After some thought and considerations she recalled a conversation with her Aunt as they drove past the Interval Home Emergency Shelter one summer day. Her Aunt shared with her that she had once stayed in the shelter and how it helped her and her family during a difficult time. Brynn never forgot that conversation, and it was that conversation that inspired her to do something good for the Interval Home.

In October Brynn bravely called the shelter and asked great questions, like how many people we help, what are some things we are in need of, how many kids we support, how long they stay with us, she was curious and was ready to make a difference. Remember, Brynn is 11, calling and speaking to a stranger at an organization she had only drove by once can be pretty intimidating, but she did amazing.

The next few months passed quickly and she called to check in a few more times to let us know she had typed up a letter and would be out in the community soon talking to businesses about making a donation. Her goal was to raise 500.00 to buy things the shelter needed.

Last week, we received a call that she had completed her canvassing and was ready to shop. We were absolutely astounded by the amount she was able to raise 2575.00!!!! She had a list and was figuring out how much she could buy of all the different things the shelter needed.



Here is a photo of Brynn and ALL the good stuff she shopped for!!!

Brynn, you have truly made a difference, you are an amazing young girl and your gift of 1 hour a week has made an impact that will support MANY women and children for the coming months!!!

We can't say thank you enough! You have done so much good, such a pleasure to meet you and help you along the way! Thanks to everyone who also supported Brynn's efforts!! Also, special thanks to Mr. Powell, your challenge to your student for Genius Hour is really incredible!! You are building strong, mindful, kind youth with 1 hour a week!!

RUDOLPH'S ROUND UP

21 years of giving! The LCHS Leadership Students once provided gifts, personal care items and so much more to make Christmas Special for those in need.



GOOD DEEDS CUP

The City 2 Pee Wee hockey players are giving back BIG!

So far they have done 2 bottle drives to purchase an incredible amount of gifts and other needs for LIH, among other good deeds in the community! The Good Deeds Cup is a campaign and they hope to win big - the Grand prize is \$100,000 for a charity of their choice, and they chose LIH!

YOU MADE SPIRITS BRIGHT

THANK YOU TO ALL OF THE INDIVIDUALS, COMMUNITY MEMBERS AND BUSINESSES WHO GRACIOUSLY GAVE TO LIH & LCYC THIS HOLIDAY SEASON. YOUR GIFTS MADE THIS TIME OF YEAR MUCH BRIGHTER FOR MANY WOMEN, CHILDREN, YOUTH AND THEIR FAMILIES!

